

Happy  
New Year!

Ysgol Gynradd Cogan Primary School

'Encourage Effort: Celebrate Success'

Newsletter 82, January 2023



# Cogan Primary News

## Keeping Fit and Healthy-New Year-Great Routines

Wishing you all a Happy New Year- Blwyddyn Newydd Dda

Welcome back to everyone. I hope you had a lovely Christmas with your families, free from illness and hopefully you were all able to relax.

Our theme for this month is to keep fit and healthy and to establish some good routines. Now the New Year has started, please try to get back into calm morning and bedtime routines. This helps your child come to school with a positive mind-set, coming in to school on time and being ready to learn. Lateness often cause stress and children miss out on vital learning and instructions in their learning. It is also very important that they attend school at all times. Learning lost is rarely made up and children often start to fall behind very quickly. If your child is experiencing any difficulties coming to school, please chat to the class teacher, who will be able to make some helpful suggestions. Likewise, if there has been an incident, accident or occurrence before school or the previous evening, please let class teachers know. This way we are really informed and can assist your child at the start of the day.

Lots of children are now having school lunches, which is great to see. The lunches are very nutritional and cooked beautifully by Mrs Karakus. If they are having a packed lunch, please can I make a plea for the lunches to be of a suitable size, especially for our younger members of the school and that the food within them is healthy. Try to avoid chocolate bars and sugary items. The children learn about healthy lunch boxes, so it would be very beneficial for us all to work together to ensure this. Regarding drinks, we encourage the children to bring in water in their water bottles in classrooms to drink throughout the day. If you choose to provide squash to drink at lunchtime, please try to choose the sugar free variety so it is better for their teeth. All these things support our Healthy Living Policy. Our school Value for January is 'Understanding' and our theme, 'Going for Goals. Our Llais curriculum continues to go from strength to strength. We are working collaboratively with our cluster schools in Penarth to ensure the children of Penarth get a similar diet of learning opportunities. We will also be working on a new Positive Relationships Policy which will replace our old Behaviour Policy, more to come on this throughout the term. The term will be another busy one, with lots of exciting learning tasks, visits and visitors. Teachers will send home curriculum overviews in due course. After school clubs will resume the week beginning 23<sup>rd</sup> January 2023.

Best wishes,

Mrs S M Sibert

**'Be ready. Be respectful. Be safe.'** (Our three top rules in our new Positive Relationships Policy.)



Headteacher/Prifathro: Susan Sibert BA Ed (Hons), MA Ed, M Ed, NNEO  
Pill Street, Cogan, Penarth, Vale of Glamorgan CF64 2JS Tel: 029 20708497 email:

[coganps@valeofglamorgan.gov.uk](mailto:coganps@valeofglamorgan.gov.uk)

Website: [www.coganprimaryschool.co.uk](http://www.coganprimaryschool.co.uk) Twitter: @CoganPrimary

Founded 1884

## Superstar Corner

Congratulations to:

### **Proud to Present winners for November – Maths and Numeracy**

Infant class— Year 2

Y3— Nathaniel D

Y4— Max B

Y5— Evie W

Y6— Tammy-Leigh L

Handwriting— Luca, Hania, Lillie-Mae and Elvis

Criw Cymraeg—

Y1— Jax L

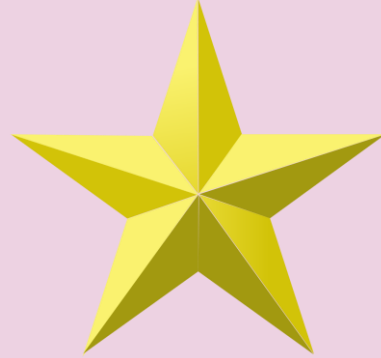
Y4— Oli F

Y2- Imran E-M

Y5— Bella A-D

Y3— Teeyan H

Y6— Shraya H



## Superstar Corner

Congratulations to:

### **Proud to Present winners for December – Expressive Arts**

Infant class— All Early Years/Lower Primary classes

Y3— Rowan P

Y4— Martia R

Y5— Freya

Y6— Junior

Handwriting— Kate H, Lola B, Albie H-L and Orgesa

Criw Cymraeg—

Y1— Rajsuhail R

Y4— Zoe D

Y2- Willow B

Y5— Sam C

Y3— Anna S

Y6— Shane E



### Attendance winners November:

1<sup>st</sup>- 96.9% -Y5

2<sup>nd</sup> -92.7%- Y2

3<sup>rd</sup>- 91.9%-Y4



### Attendance winners December:

1<sup>st</sup>- 92.3% -Y5

2<sup>nd</sup> -90.4%- Y2

3<sup>rd</sup>- 87.5%-Y3



Instant Updates on Twitter  
CoganPrimary @CoganPrimary



# Diary Dates...

- 09:01:23- Back to school for all
- 10:01:23- New Nursery children to start am and pm
- 12:01:23- Rev Steve Lock to start a ten week programme-Flourish with Y6 pupils      13:01:23- Y2 Class violin lessons begin
- 18:01:23- Standards and Provision Governors' Meeting 5pm
- 23:01:23- Clubs Start back this week (new lists will be sent out)
- 26:01:23- Proud to Present/Litter Pick-Nature Club/Y2 Trip to Rhondda Heritage Park
- 27:01:23- Uniform Swap and Grab after school
- 30:01:23- Llais Groups pm
- 31:01:23- P C Reed Y5 –I didn't think and Y6- Griff's Story
- 01:02:23- Early Years AoLE Cluster meeting at the Nursery
- 02:02:23- Y4 Class assembly
- 03:02:23- Wear Red for Velindre-donations

**Inset Day 17/02/23**

## Uniform Plea

Please could we ask that children only wear black joggers or leggings on PE days only. These should not have any logos on them. Also, we have a policy of black footwear-shoes, boots or trainers.

It is important for us to have a shared identity and that everyone is neatly presented in the correct school uniform.

Also, can I request that children do not wear denim jeans' on dress up days if possible- we have also had a rule about this because wet jeans are uncomfortable and restrict movement for the children, also the fashion for 'ripped' jeans does not promote the school well.

Thank you. PS- (Free donated uniform to take away on the last Friday of each month in the school yard.)



Class:	PE Days:
Nursery	Monday
Rec	Wednesday and Friday
1	Wednesday and Thursday
2	Wednesday and Friday
3	Monday and Thursday
4	Tuesday and Thursday
5	Tuesday and Thursday
6	Wednesday and Friday

**PE-Nursery/All  
Please ensure  
your child wears  
joggers or  
leggings (black)  
with no buttons  
or zips and hair  
tied back for  
Monday  
Movers/PE days.**